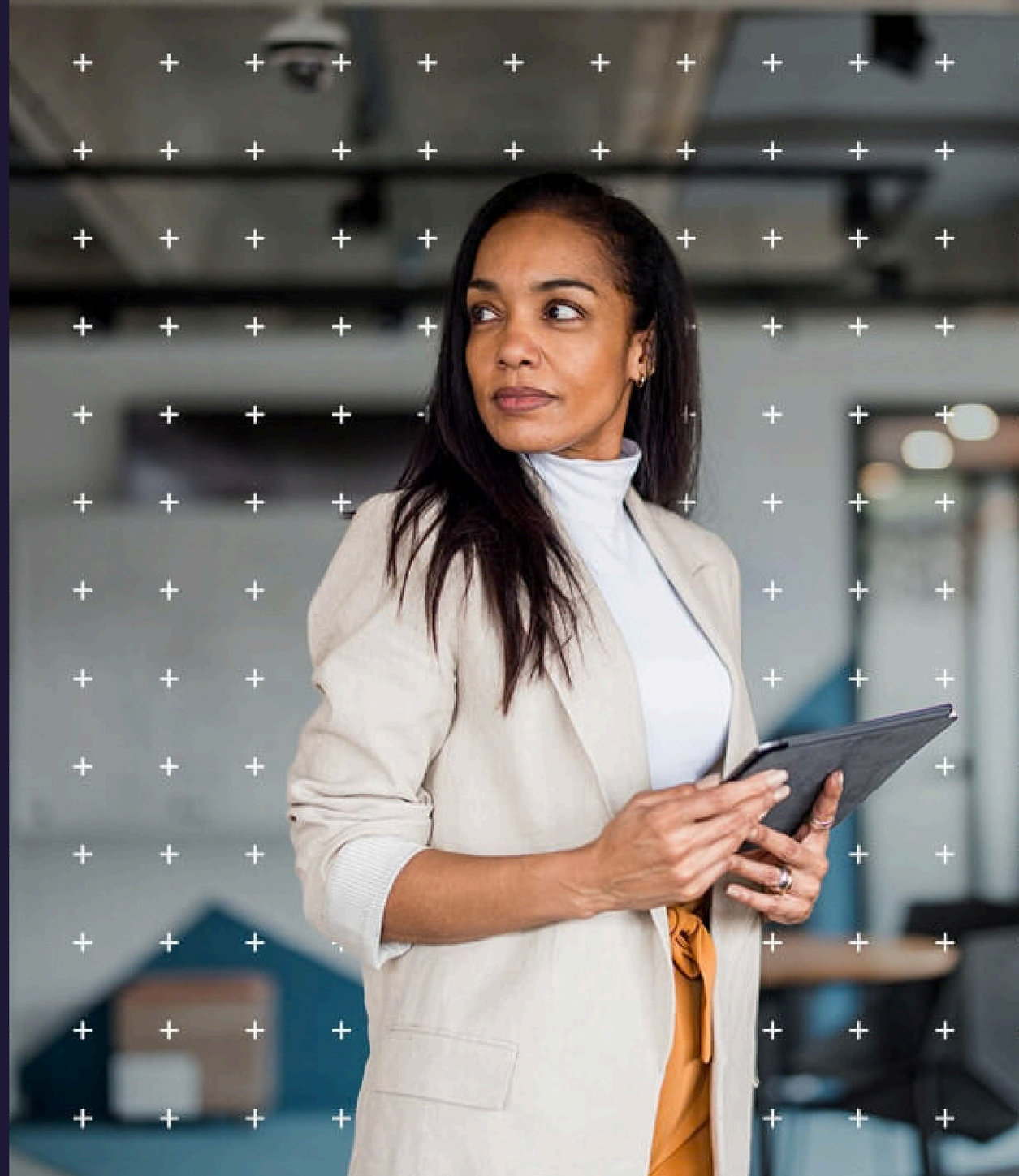
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BREEAM Client Exchange – London

Thank you for joining us
01 October 2026



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Today’s Agenda

A morning of insight, shared learning and conversation

Time	Session	
10:30 – 11:15	**Welcome and brunch**	Join us over brunch for introductions and conversation as we set the scene for the day.
11:15 – 11:45	**Refurbishment and Fit Out V7: Driving performance forward**	An introduction to RFO V7 and its key updates, followed by the launch film and a look at what it means in practice, before celebrating our BREEAM RFO award winner.
11:45 – 12:15	**Industry perspectives**	Hear from Adrian Pop from ADP and Becky Armstrong from Eight Versa as they share their experiences and perspectives from across the built environment.
12:15 – 12:30	**Short break**	Take a moment to refresh, grab a coffee and continue the conversation before we reconvene for the final session.
12:30 – 13:30	**Roundtable discussion**	Explore a discussion question as a group, sharing experiences, challenges and ideas. Consider different perspectives and examples from your own projects and organisations.
13:30 – 14:00	**Networking and conversation**	An opportunity to connect with peers, exchange ideas and continue the conversations from the morning.

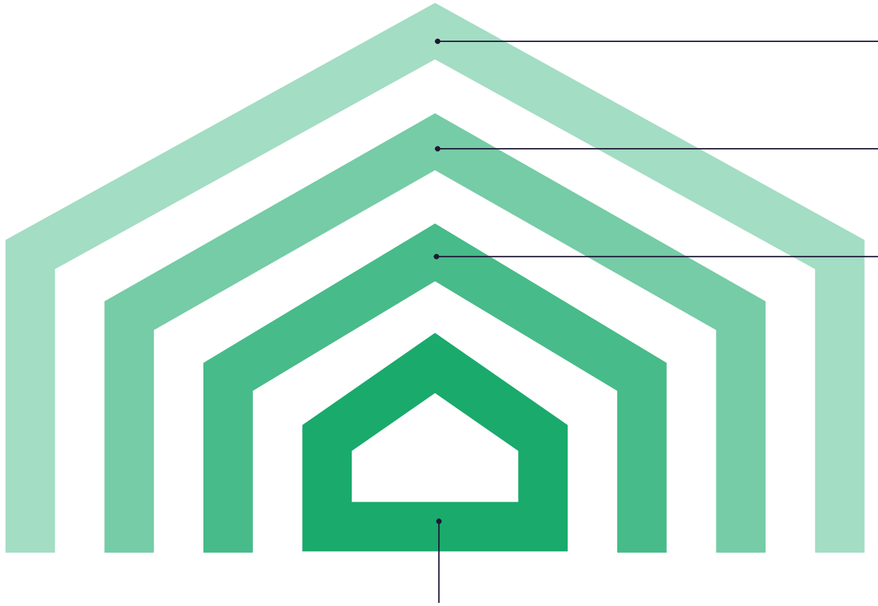
BREEAM Refurbishment and Fit Out V7

Transform existing buildings into resilient, high-performing assets

There are two standards within BREEAM Refurbishment and Fit Out V7, providing tailored pathways which reflect the differing scopes and responsibilities of owners and occupiers:

BREEAM Refurbishment V7 covers building upgrades that may include changes to the fabric, structure, core building systems and operational performance of an existing asset.
It is typically used where work extends beyond individual spaces to improve the overall building's performance and longevity.

BREEAM Fit Out V7 is designed for tenant-led or interior-focused projects where the wider building structure and core systems are not being significantly altered. It concentrates on interior spaces within a building, including layouts, finishes, furnishings and localised services.



If the majority of the project is here, use BREEAM Refurbishment V7

BREEAM Refurbishment V7 can also include interior design

If the majority of the project is here, use BREEAM Fit Out V7

BREEAM Fit Out V7 can also include local services

BREEAM Refurbishment and Fit Out V7



BREEAM Refurbishment and Fit Out V7

BREEAM Refurbishment and Fit Out V7 helps you to:

- Deliver high-quality refurbishment and fit out projects from concept to completion, guiding teams through design, construction and post- refurbishment stages.
- Create assets that use less energy, have a lower environmental impact and provide a better experience for the people who use them.
- Protect and enhance the value of existing buildings by helping them remain attractive, relevant and fit for future needs.
- Demonstrate real results that give owners, investors and occupiers confidence in the quality and long-term performance of their assets.



BREEAM Awards – Winner

Lambeth Palace, the Grade I listed residence of the Archbishop of Canterbury, has undergone its most extensive transformation in over 70 years.

The £40 million refurbishment demonstrates how ambitious energy and carbon reductions can be achieved while protecting more than 800 years of architectural heritage.











BREEAM Excellent — 74%
Achieved through a carefully considered approach combining conservation, building fabric improvements and low-carbon technologies.

77% reduction in primary energy use
A new Energy Centre, three air source heat pumps, discreet rooftop PV and 160 double-glazed windows have significantly reduced operational energy demand and enabled a move away from fossil fuels.

EPC improved from G to A
Alongside improved energy performance, the project enhanced thermal comfort, accessibility and long-term resilience — creating a more efficient and inclusive building while preserving its historic significance.

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Becky Armstrong

Associate Director
EightVersa

Can Refurbishment and Fit Out V7 help make sustainability a stronger part of the business case for refurbishment rather than simply a certification outcome?

15 minutes



Adrian Pop

General Manager

ADP

How could Refurbishment and Fit Out V7 change the decisions we make about what to retain, adapt or replace when refurbishing an existing building?

15 minutes

Short break

Grab a coffee, continue the conversation or connect with fellow attendees before we come back together for the next session

15 minutes





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Round-table discussion

Now it’s time to hear from you.

Each table has been given a discussion question to explore as a group. Use the session to share your experiences, challenges and ideas with others around the table.

Consider different perspectives and examples from your own projects and organisations.

1 hour

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Round-table question

“Should demolition require stronger justification than refurbishment?”

Round-table question

“In 10 years, what will determine whether a refurbished asset still has value?”

Round-table question

“With Fit Out separated within V7 to enable a more agile and replicable approach, how consistent are full-scale refurbishments across asset classes, and could greater standardisation benefit the industry?”

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Round-table question

“What will make more assets unlettable in 2040: poor energy performance or poor climate resilience?”

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Round-table question

“If you had £5m to refurbish a building, where would you spend the first £1m?”

Networking

Connect with the BREEAM team and fellow attendees, exchange ideas and continue the discussions from the day

30 minutes



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Thank you for being part of the conversation and for helping shape a more sustainable built environment.

Creating a world in which everyone, in every building, everywhere can thrive.